

ABSTRACT OF THE DISCLOSURE

Provided herein is a putter grip made of a flexible material which slips over the end of the club and attaches thereto in the traditional manner, either by interference fit or
5 with a two-sided adhesive strip. The unique nature of the grip is in its size and shape, which allow the hands to grasp the club opposite each other, rather than being separated vertically. In a method using a putter equipped with a grip according to the invention, the palms rest on each side of the grip; the thumbs are side-by-side, extending downward on the bevels on each side of the front of the grip and the forefingers and middle fingers
10 extend downward to the base of the grip. The small fingers overlap at the back of the grip. The method encourages consistent placement of the hands on the club and allows the hands to work in concert with minimum wrist movement. Through use of the grip and method of present invention, general improvements to all aspects contributing to dynamic-alignment may be easily achieved by the typical golfer.